



**The Clatterbridge**  
Cancer Charity



# THE DIFFERENCE YOU MAKE

2022-23

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# WHO WE ARE

There are over 100,000 people living with cancer in Merseyside & Cheshire. The Clatterbridge Cancer Centre, provides specialist cancer treatment for many of these people, through its unique network of care across the region.

**We are The Clatterbridge Cancer Charity, and together with our supporters & volunteers, we are passionate about the incredible care given at Clatterbridge. It is our role to fund life-saving research, invest in leading technology, enhance the patient environment and enable innovations in care that make a real difference to the lives of those who need us.**

Clatterbridge gives hope to patients and their families every day, but as the NHS emerges from the most testing time in its history, the need for the Charity in helping to give the best care to more and more people increases each year.

We need to be ready for the future of cancer care. Together, we will help The Clatterbridge Cancer Centre to do incredible things - from small moments of wonderful care to big leaps in innovation, it's your support that changes and even saves lives.



**The Clatterbridge**  
Cancer Charity



The Clatterbridge Cancer Charity is the only charity dedicated to supporting patients and research at The Clatterbridge Cancer Centre NHS Foundation Trust.

Thanks to the millions of pounds donated by our supporters, The Clatterbridge Cancer Charity is able to achieve so much for local people with cancer, which may not have been possible through NHS funding alone.

Over the years, the charity has helped to improve facilities, funded groundbreaking research and new therapies which have shaped cancer care in our region.



# THE CLATTERBRIDGE CANCER CENTRE

The Clatterbridge Cancer Centre NHS Foundation Trust is one of the UK's leading cancer centres providing highly specialist cancer care to a population of 2.4m people across Cheshire, Merseyside and the surrounding areas, including the Isle of Man.

The Trust employs 1,800 staff and its three specialist cancer centres can be found in Liverpool city centre, Wirral and Aintree. It also operates specialist chemotherapy clinics in district hospitals across Cheshire and Merseyside and delivers a pioneering Treatment at Home service. All of which combine to treat over 33,000 patients each year with the great care for which Clatterbridge is best known and loved.

Together, this unique network of care enables Clatterbridge to provide a comprehensive range of inpatient care, advanced radiotherapy, chemotherapy and other systemic anti-cancer therapies, like gene therapies and immunotherapies.

It is also the only facility in the UK providing low-energy proton beam therapy to treat rare eye cancers. Additionally, it hosts the region's Teenage and Young Adult Unit.

**Much of this work has been made possible thanks to Charity donations and would not be possible through NHS funding alone.**



# THE DIFFERENCE WE MAKE

Charity donations support the work of The Clatterbridge Cancer Centre in many ways, most of which fall under one of four themes.

These themes sit closely alongside the strategic priorities of The Clatterbridge Cancer Centre to support its mission and objectives.



## **Funding life-saving research**

shaping cancer care for generations to come.

## **Enabling innovations in care**

for every patient every day.

## **Enhancing the patient environment**

supporting recovery and wellbeing.

## **Investing in leading technology**

driving better outcomes for people with cancer.

# FUNDING LIFE SAVING RESEARCH

shaping cancer care for  
generations to come.



Your support enables clinicians to look at new ways to treat and prevent cancer, supports clinical trials and helps to give patients at The Clatterbridge Cancer Centre access to the latest breakthrough cancer therapies.

Over the next five years, investment from the Charity will be directed to the Trust's research agenda and will pump prime projects to enhance the incredible work done by researchers at the Centre.

## Training doctors in clinical research

The Charity is offering the brightest doctors at Clatterbridge the chance to develop as future research leaders by funding their scientific training, under the supervision of expert scientists at Clatterbridge.

One such person is Dr Jim Parry who has been a doctor at Clatterbridge for five years and has recently undertaken his first steps into the world of lab-based cancer research.



**"The science of immunotherapy is very young, there is still so much to be understood. The only way to do that is to ask new questions and explore new boundaries."**

**"I will be analysing the immune cells of patients at a level of detail which has never been done, to help us to design better therapies in the future."**

**"I am so grateful to have this opportunity and must thank the donors to The Clatterbridge Cancer Charity – it is an absolute privilege to be undertaking research which will help to improve someone's treatment in years to come – as a doctor, is there anything better?"**

## Research Development Fund

Cancer survival has doubled in the last 40 years thanks to a worldwide investment in research.

As a Charity supporting a region where cancer incidence is high and survival rates are sometimes poor – we want to help The Clatterbridge Cancer Centre to bring the latest treatments and trials to its patients.

The Research and Innovation Directorate at Clatterbridge has shown rapid expansion in clinical trials in recent years, and it's thanks to your donations that we can support research at Clatterbridge in so many ways:

- Informing clinical decisions around cancer treatment in relation to the effects of Covid-19 on people with cancer.
- Recruitment of additional clinical trials nursing staff to enable more patients to take part.
- Giving doctors and scientists the freedom to try something new.



**The Clatterbridge**  
Cancer Charity

# ENABLING INNOVATIONS IN CARE

for every patient every day.



## Innovations in Care Fund

**We have created a way for staff and volunteers at The Clatterbridge Cancer Centre to make a real, positive change to the people they meet every day on the front line.**

**Through the Bright Ideas programme, projects funded can range from huge, life-changing innovations, to smaller touches that change what we do, while have a big impact; caring for people in a way that goes beyond NHS services to provide the best possible treatment.**

**It's thanks to Charity donations that we can make these Bright Ideas a reality. Just a few examples include:**

**Chemotherapy in the Community** supporting the Trust's continued aim to bring cancer care closer to the people who need it, by providing treatment at home and work.

**Scalp Coolers** which can limit the damage to hair follicles for some patients, helping them to keep their hair. Supporting their self-esteem and helping them to feel more in control of their treatments.

**Massage guns** to relieve pain and muscular aches, reducing the need for prescribed drugs.

**360 degree toothbrushes** are a small, but gentle and effective way for very sick patients to manage their mouth care.

**Support for children and families** Imagine being a child and learning that a loved one has cancer. Through the work of the Family Support Practitioner at Clatterbridge, the Charity helps to carry these families through one of the toughest times of their lives with love, giving children the tools to cope with the diagnosis and possible death of a parent or loved one.

This includes counselling, preparing memory boxes, play therapy resources, books and journals.





# ENHANCING THE PATIENT ENVIRONMENT

supporting recovery and wellbeing



**You are helping to ensure patients are cared for in the best possible environment, creating peaceful indoor and outdoor spaces and funding therapeutic work to encourage emotional wellbeing, through the arts.**

## Clatterbridge Cancer Centre - Wirral

For over 60 years, our centre in Wirral has been at the heart of the Clatterbridge family. As we look to the future of cancer care, the Charity will support work to upgrade and refurbish the Wirral centre so it can provide wonderful facilities and fantastic care for generations to come.

With your support, we can improve the layout of the hospital to bring services closer together and give patients a better experience, develop key areas, purchase specialist equipment and create the best possible facilities for local people with cancer at this much-loved site.



## Clatterbridge at Halton

The CANtreat chemotherapy clinic in Halton is run by specialist staff from The Clatterbridge Cancer Centre. With your support, we can improve the environment and provide new equipment at the clinic to give patients the best experience.

## Arts In Health

Funded by donations, the Charity offers a range of artwork, creative activities and performances for patients and staff at The Clatterbridge Cancer Centre.

Through our Arts Co-ordinator, we enhance the patient environment to **create welcoming and calm spaces.**

We arrange **arts activities and workshops** which relieve boredom, improve mood and reduce anxiety for patients.

Our **music programme** entertains and engages our patients and their families with live performances and person-centred music making activities.

Evidence shows that music and art can support cancer patients, increase relaxation and reduce fatigue, improving the relationship with one's body and promote hope.

**"It's an avenue to friendship. We don't talk about treatment or appointments or prognosis, we talk about our families, and food, and football."**

Hazel

# INVESTING IN LEADING TECHNOLOGY

driving better outcomes for people with cancer.

Supporting clinical colleagues to develop the latest advances in cancer treatment and technology which can transform how people with cancer are cared for; while helping to fund the digital environment that makes such a difference to patients.



## CCC Biobank

The Biobank at Clatterbridge has been supported by charity donations and is an important resource in answering some of cancer's biggest questions:

- Why do some cells turn into cancer?**
- How can we detect cancer earlier?**
- Why do people respond to treatment differently?**

A biobank is a repository of biological material, for example; plasma, serum, saliva and cellular material. They are collected from patients with different types of cancer at different stages and enable scientists at Clatterbridge to find out more about the disease.



"This is a fantastic idea using cutting-edge technology that could be a really innovative way to improve patient wellbeing."

**Dr Gillian Heap,  
Director of Research &  
Innovation Operations**

## Virtual Reality in cancer care

A successful trial at The Clatterbridge Cancer Centre has found that using virtual reality (VR) technology can significantly decrease stress levels and reduce discomfort during procedures and time in hospital.

Patients can wear the VR headset and interact with fun and relaxing scenes using a handheld device such as images of nature or mindfulness methods which can reduce any anxiety they experience when undergoing treatment.

With your support, we hope to purchase more headsets to support patients across the Trust's network of care.



## HOW YOUR DONATIONS CAN HELP

**£3**

could buy a 360 degree toothbrush for a patient

**£10**

would provide a patient with an arts activity pack

**£50**

could buy a massage gun to relieve pain

**£500**

could give one year of counselling to a family

**£2,500**

to support research into new treatments

**£12,000**

a scalp cooler to help a patient keep their own hair

**Alongside these themes, the Charity funds many other projects that improve the quality of care provided at The Clatterbridge Cancer Centre.**

These can range from ideas to support staff wellbeing, purchase small equipment, complementary therapies and supporting equality, diversity & inclusion across the Clatterbridge network.



Charity donations are vital to the future of cancer care in our area, and it's your support that helps The Clatterbridge Cancer Centre to provide the best possible care and cutting edge research that goes beyond what the NHS provides.

**THANK YOU FOR SUPPORTING PEOPLE WITH CANCER ACROSS  
CHESHIRE, MERSEYSIDE AND BEYOND**

Clatterbridge Cancer Centre -  
**LIVERPOOL**

Clatterbridge Cancer Centre -  
**WIRRAL**

Clatterbridge Cancer Centre -  
**AINTREE**

Clatterbridge Clinics  
**IN HOSPITALS ACROSS CHESHIRE & MERSEYSIDE**

Clatterbridge in the Community  
**TREATMENT AT HOME / WORK**

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Registered Charity No. 1051727



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