



HPL Focus – How to behave...

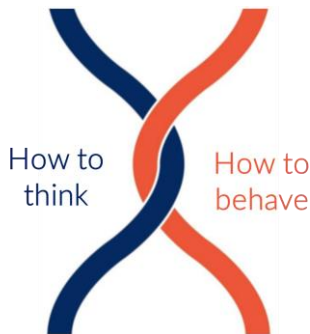


Hard working

Practice: The ability to train and prepare through repetition of the same processes in order to become more proficient.

Perseverance: The ability to keep going and not give up; face obstacles and difficulties but never give up; persist in effort; work diligently and work systematically; not be satisfied until high quality, appropriate precision and the desired outcome are achieved.

Resilience: The ability to overcome setbacks; remain confident, focused, flexible and optimistic; help others to move forward in the face of adversity.



High Performance Learning is not just about learning how to think; it is also about supporting students to develop the behaviours that, the evidence shows, are the characteristics of successful people.

The role of hard work in creating success has always been understood, but we are now clear that it is a truly essential component in optimising life chances in terms of educational outcomes and, more importantly, as well-rounded, happy people. No matter how easily you learn you are unlikely to be successful in the long run if you cannot, or do not, work hard.

What does 'Hard working' mean for students, teachers & parents/carers?

- Ensuring that students are life ready and work ready is just as important as ensuring they pass academic milestones.
- If you want students to develop these Hard Working characteristics you have to think how and when this will occur.
- Hard work is teachable and all students can learn to become more hard working.
- Feedback to students should value hard work.
- Stressing hard work as crucial to success is important and using the terminology of **practice**, **perseverance** and **resilience** in class and outside of school, can help to make this explicit.