



West Kirby Grammar School

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Option	Spaghetti Bolognaise Chipotle Chicken	Roast of the day Tandoori chicken	Lasagne Sweet & Sour Pork	Beefburger	Battered Pollack Chicken Burger
Vegetarian Option	Bean Chilli & Rice	Udon Noodles	Chick pea curry	Bean Taco	Halloumi burger
	Deli Bar	Deli Bar	Deli Bar	Deli Bar	Deli Bar
	Pasta King & Grab and Go	Pasta King & Grab and Go	Pasta King & Grab and Go	Pasta King & Grab and Go	Pasta King & Grab and Go
	Assortment of Cookies and Tray bakes	Assortment of Cookies and Tray bakes	Assortment of Cookies and Tray bakes	Assortment of Cookies and Tray bakes	Assortment of Cookies and Tray bakes



West Kirby Grammar School

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Option	Sausage & mash	Roast Dinner	Pork stir fry	Moroccan chicken	Battered Pollack
	Chilli con carne	Bolognaise Pasta Bake	Chilli Beef Burrito Cone	Meatballs in tomato sauce	Chicken Burger
Vegetarian Option	Bean & pepper quesadilla	Quiche	Macaroni cheese	Bean Empanda	Cheese & tomato calzone
	Deli Bar	Deli Bar	Deli Bar	Deli Bar	Deli Bar
	Pasta King & Grab and Go	Pasta King & Grab and Go	Pasta King & Grab and Go	Pasta King & Grab and Go	Pasta King & Grab and Go
	Assortment of Cookies and Tray bakes	Assortment of Cookies and Tray bakes	Assortment of Cookies and Tray bakes	Assortment of Cookies and Tray bakes	Assortment of Cookies and Tray bakes



West Kirby Grammar School

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Option 1	Katsu Chicken Curry	Chicken Shwarma	Pizza	Chicken Korma	Battered Pollack
	Cottage Pie	Roast Dinner		Pork in black bean sauce	Chicken Burger
Vegetarian Option	Gnocchi	Sweet potato & bean curry	Vegetable biriyani	Kathi spiced wrap	BBQ Jackfruit burger
	Deli Bar	Deli Bar	Deli Bar	Deli Bar	Deli Bar
	Pasta King & Grab and Go	Pasta King & Grab and Go	Pasta King & Grab and Go	Pasta King & Grab and Go	Pasta King & Grab and Go
	Assortment of Cookies and Tray bakes	Assortment of Cookies and Tray bakes	Assortment of Cookies and Tray bakes	Assortment of Cookies and Tray bakes	Assortment of Cookies and Tray bakes